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# Breaking Bread Day

October 3, 2014

Please join the event by sending your child to school with bread (or similar item) that represents your family's heritage! The children love to share and learn about one another... and, they love to snack!

In an effort to maintain the safety of our children & to make the event efficient, please note the following "Do's & Don'ts".

## Do:

- ✓ Provide a list of ingredients (preferably attached to the food item container). Due to allergies, we will not serve any items not accompanied by a list of ingredients.
- ✓ Provide small items or cut items into bite-sized pieces. When items are not prepped and ready to be served, the teachers/parents have to spend extra time. When items are too big, the children get overwhelmed with food and often don't try everything.
- ✓ Provide just enough food to serve ~20 children. With ~20 children participating per class, we often are left with lots of extra food.
- ✓ Prepare your child to describe the origin of the food item and/or show what part of the world it comes from (i.e., on a map).

## Don't:

- ☒ Send items that require utensils to eat. Please no dips, sauces or other liquids.
- ☒ Send plates or napkins. Foothill PTA will be donating these items.
- ☒ Send items with nuts.

By working together, we can all enjoy this fun event!

*Share your family's heritage  
while celebrating friendship & community!*